

Enter Our Lucky Shamrock Contest Inside!

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### three sprinkles

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OUR ANNUAL



2 WINNERS

# LUCKY SHAMROCK CONTEST

## A Chance to Win... a Gift Card to

There is 1 hidden lucky shamrock in this edition that looks like no other shamrock. Find that shamrock, and **click on this ad** to get the entry form. Fill out the entry form and note which ad contained this exact shamrock. Then you will be entered into the contest. There are 2 winners- each will receive a \$30 gift card. Winners chosen randomly from the correct entries.



### three sprinkles

BAKE SHOP  
OF NEW HYDE PARK

*Bonus Prize...*

## WIN \$75

Gift Card to



in New Hyde Park

When You Follow Us On  
Facebook & Instagram you will automatically  
be entered into the drawing

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[www.MarketPlacePublications.com](http://www.MarketPlacePublications.com)

**This is the LUCKY SHAMROCK**

you will be looking for  
this exact shamrock  
P.S. This one doesn't count!

All entries must be received by 3/31/26. Winners will be announced on our Facebook & Instagram page, next edition & called.

# Shamrockin' Good Recipes For St. Patrick's Day

## St. Patrick's Day Hearty Stew

**1 1/4 lb marbled chuck beef stew meat, cut into 1 1/2-inch chunks**  
**1 tsp salt, plus additional to taste, divided**  
**1/4 cup extra-virgin olive oil**  
**6 garlic cloves, minced**  
**4 cups beef stock**  
**2 cups water**  
**1 cup extra stout beer**  
**1 cup red wine**  
**2 tbsp tomato paste**  
**1 tbsp sugar**  
**1 tbsp dried thyme**  
**1 tbsp Worcestershire sauce**  
**2 bay leaves**  
**2 tbsp butter**  
**1 large onion, chopped**  
**4 carrots, cut into 1/2-inch pieces**  
**3 lb russet potatoes, peeled and cut into 1/2-inch pieces**  
**freshly ground black pepper, to taste**  
**2 tbsp chopped fresh parsley**

Sprinkle beef chunks with 1 teaspoon salt. In large pot over medium-high heat, heat olive oil.

Pat beef dry with paper towels and add to pot, working in batches to avoid crowding pot. Cook until browned on one side then flip and brown.

Add garlic cloves to pot with beef and saute 30 seconds, or until fragrant. Add beef stock, water, beer, wine, tomato paste, sugar, thyme, Worcestershire sauce and bay leaves.

*Recipe adapted from Simply Recipes*



Stir. Bring mixture to simmer then reduce heat to low. Cover and simmer 1 hour, stirring occasionally.

In separate pot over medium heat, melt butter. Add onions and carrots; saute until golden, about 15 minutes.

After beef mixture simmers 1 hour, add onions, carrots and potatoes. Season with salt and pepper, to taste. Simmer uncovered until beef and vegetables are tender, about 40 minutes. Discard bay leaves and spoon excess fat.

Sprinkle with parsley and serve with Irish Soda Bread

## Luck O' the Irish Cupcakes



**Cupcakes:**  
**1 2/3 cups all-purpose flour**  
**1 1/2 tsp baking powder**  
**1/4 tsp baking soda**  
**1/4 tsp kosher salt**  
**1 cup granulated sugar**  
**3/4 cup (1 1/2 sticks) unsalted butter, softened**  
**3 large egg whites, at room temperature**  
**1 tbsp pure vanilla extract**  
**1/2 cup full-fat sour cream, at room temperature**  
**1/2 cup whole milk, at room temperature**

**Frosting:**  
**1 cup (2 sticks) unsalted butter, softened**  
**4 cups powdered sugar**  
**3 tbsp heavy cream**  
**2 tsp pure vanilla extract**  
**1/8 tsp kosher salt**

To make cupcakes: Preheat oven to 350 F and arrange rack in center of oven. Line 12-cup muffin tin with paper liners. In medium bowl, whisk flour, baking powder, baking soda and salt.

In large bowl, using handheld mixer on medium-high speed, beat granulated sugar and butter until light and fluffy, 3-4 minutes. Add egg whites and vanilla; beat until smooth, about 2 minutes. Add sour cream and beat until combined.

Add half of dry ingredients to wet ingredients. Beat on low until incorporated. Add milk and beat to combine. Add remaining dry ingredients and beat until combined.

Add batter to liners until three-quarters full. Bake 19-22 minutes, until slightly golden on top. Remove cupcakes from pan and cool completely.

To make frosting: In large bowl, using handheld mixer on medium-high speed, beat butter until fluffy. Add powdered sugar and beat until combined. Add heavy cream, vanilla and salt; beat until combined. Mix in green food coloring if desired.

*Recipe adapted from Delish*

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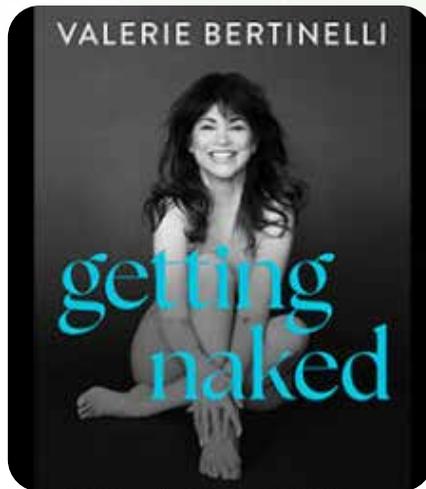
# Local Events & Happenings

**STEPHEN SMYTH BAND  
IRISH AMERICAN SOCIETY**  
3/11, 7pm. Hosted by the Irish American Society. Authentic Irish showband & country music plus dancing. \$30 p.p. tickets on Eventbrite or call Betty 347-613-1303. Or the center: 516-746-9392. 297 Willis Ave., Mineola.

**TONH SENIOR PROGRAM-  
MEET YOUR NEIGHBORS**  
3/11, 3/25, 4/1, 4/8. 11am-12pm. Project Independence. Seniors come together once a week to share laughs, conversation, support and fun. Seating is limited call 516-869-6311.

**IRISH FINGER PUPPETS**  
3/11-3/13, 3/17-3/19. 2:30-4pm. Long Island Children's Museum. All ages. Drop in between these hours. Celebrate Irish Heritage Month by making your own finger puppets! Free with museum admission. For more info: [www.licm.org](http://www.licm.org) 11 Davis Ave., Garden City

**VALERIE BERTINELLI  
MADISON THEATRE**  
3/11, 7pm. From beloved actress to NYT best selling book author, Valerie presents an intimate chat and her new book, *Getting Naked*. Each ticket includes a signed copy. Tickets \$55. Madison Theatre at Molloy U. 1000 Hempstead Ave., Rockville Centre. Tickets call 516-323-4444 OR [www.madisontheatre.org](http://www.madisontheatre.org)



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EVENTS**

Published weekly on [www.MarketPlacePublications.com](http://www.MarketPlacePublications.com)  
Have your event listed free. Send at least 1 week in advance to: [info@marketplacepublications.com](mailto:info@marketplacepublications.com)



**LITTLE LEARNERS ART LAB**  
3/12, 3/19, 3/26. 11:30am. Ages 2-5. Long Island Children's Museum. Each week kids experience hands on materials, artmaking and techniques. \$4 with museum admission. For more info: [www.licm.org](http://www.licm.org) 11 Davis Ave., Garden City



**BELLMORE CAR SHOW**  
3/13, 3/20, 3/27 5-10pm. Then Every Friday night until Oct. 30<sup>th</sup>. Weather permitting, at the Bellmore LIRR lot on Broadway. Free admission, \$5 to enter your car. For more info: 516-679-1875 or [www.bellmorechamber.com](http://www.bellmorechamber.com)

**DIPLOMAT TOUR AT  
PLANTING FIELDS**  
Now thru 3/29 on Fri/Sat/Sun. Guided tours 11 am or 12pm, self-guided, tour

1or 2pm. In early 2025, Planting Fields served as the backdrop for *The Diplomat's* season three finale (episode eight). Transformed into a 16th-century English manor loosely inspired by Chequers, the Main House served as the perfect stand-in for the Prime Minister's country residence. See how and where the scenes were created. 1395 Planting Fields Rd., Oyster Bay. To reserve: [www.plantingfields.org](http://www.plantingfields.org)

**ADULT CRAFT  
AT JONES BEACH**  
3/12, 1:30-3pm. Adults & Teens 12+ Pot O' Paint. Learn a new craft skill and add to your home décor. \$4 p.p. Jones Beach Energy and Nature Center, 150 Bay Pkwy, Wantagh. RSVP required: [www.jonesbeachenc.org](http://www.jonesbeachenc.org)

**LITTLE LEARNERS-  
WILD ABOUT WEATHER**  
3/13, 10-11am. Ages 2-5 At Planting Fields. Enjoy a nature story, hands on play and explore nature! 1395 Planting Fields Rd., Oyster Bay. \$15 per child. Includes 1 parent. For more details & reserve: [www.plantingfields.org](http://www.plantingfields.org)



**SAINT PATRICK'S PARADE  
NEW HYDE PARK**  
3/14. 10am. In honor of our first responders. Grand Marshall, David Sullivan, Nassau County Surrogate Court Judge. Parade starts at Jericho Tpke and Hillside Blvd., heads east down Jericho Tpke. to the NHP Main Firehouse. After the parade community gathering inside the firehouse.

**STEEPED IN SELF CARE  
HEMPSTEAD LAKE PARK**  
3/14, 1:30-3pm. Tea Leaves. Adults only. Sip, blend, and relax in this hands-on self-care class celebrating Women's History Month. Create your own custom loose-leaf tea blends for stress relief and essential oil roller balls to help ease tension headaches. \$4 p.p. Register early by going to Eventbrite.com and search for Steeped In or #Hempstead Lake. 880 Lake Drive., West Hempstead, Field 1

**PI DAY PLAY- LICM**  
3/14. 12-4pm. Long Island Children's Museum. All ages. Drop in 12-4, Wacky, wonder-filled celebration of everyone's favorite infinite number! Grab your goggles, for the ultimate Pie Toss Party and help us make math history in the messiest, most hilarious way possible. Free with museum admission. For info: [www.licm.org](http://www.licm.org) 11 Davis Ave., Garden City

**CARDAGE SURVIVAL AT  
VANDERBILT**  
3/14, 2pm. Survival skills with Mike Evans. Hands on to learn and create long, functional cordage from natural and repurposed materials. \$40p.p. \$36 members. 180 Little Neck Rd., Centerport, 631-854-5579. Register online: [www.vanderbiltmuseum.org](http://www.vanderbiltmuseum.org)

**HEALTH & WELLNESS FAIR  
SANDS POINT PRESERVE**  
3/14: 12-4pm Bringing together local health and wellness practitioners from western, eastern, complementary and alternative practices who work with the holistic connection between body, mind and spirit. We invite the community to meet the practitioners and gather information and resources that will help guide them toward their optimal health and well-being potential. In the Castle Gould Great Hall. Free. Just pay \$15 parking fee. 12 Middle Neck Rd., Sands Point. Call 516-570-2185 for more info.

**COMPOSTING AT QUEENS  
COUNTY FARM MUSEUM**  
3/14. 11:30am-12:30pm. Learn to turn kitchen scraps into fertile soil. Free, Hands on classes both indoors and outdoors. register: [www.queensfarm.org](http://www.queensfarm.org) 73-50 Little Neck Pkwy, FP

**EGG DECORATING  
HEMPSTEAD LAKE PARK**  
3/15 or 3/17, 10-11:30am. Adults 18+. Discover a new method of egg decorating! The technique involves alternating applications of beeswax and dye in such a way that the wax protects the color of the dye underneath it. When all layers are completed, the wax is gently melted away, revealing beautiful, colorful designs. The 3/17 event includes coffee. \$4 p.p. Register in advance by going to Eventbrite.com and search for #NatureAdventure or #Hempstead Lake. Field 1, 880 Lake Drive., W. Hempstead.

**CHAIR YOGA  
AT JONES BEACH**  
3/15, 2-3pm. Adults & teens 12 & up. Start slow and steady in this indoor wellness class. Free. Jones Beach Energy and Nature Center, 150 Bay Pkwy, Wantagh. RSVP required: [www.jonesbeachenc.org](http://www.jonesbeachenc.org)

**SUNDAY SCIENCE AGE 8-12**  
3/15, 10-11:30am. Drop off program for kids to have hands on science experiences. Become a spy in training with invisible ink, detect fingerprints and solve the mystery at the Tanglewood Preserve. \$15. Center For Science, Teaching & Learning. 1450 Tanglewood Rd., RVC. 516-764-0045. [www.cstl.org](http://www.cstl.org)

**HEMPSTEAD HOUSE TOURS**  
3/15, 12 or 1:30pm. At Sands Point. See the grand rooms inside this massive 50,000 s.f. mansion. The former home of Howard Gould and later the Guggenheims. \$10 p.p. payable at the welcome center. Meant for adults, although children over age 5 are ok. 127 Middle Neck Rd., Sands Point. [www.SandsPointPreserveConservancy.org](http://www.SandsPointPreserveConservancy.org)

**BIRD WALK – MARTIN J.  
LEVY PARK & PRESERVE**  
3/15, 9am. Hosted by the South Shore Audubon Society. Weather permitting. Free and open to the public, children also encouraged to come. Register by texting Joe Landesberg: 516-467-9498 leave your name and date you want to attend. From the Meadowbrook Parkway, use the Merrick Road M9 east exit. Enter the Dept. of Sanitation entrance immediately on right (if you're driving west on Merrick Road, make a U-turn after Central Boulevard and before the Meadowbrook Parkway). Look for signs to Levy Park For more info: [www.ssaudubon.org](http://www.ssaudubon.org)

# More Local Events

## ST. PATS DANCE & SOCIAL IRISH AMERICAN SOCIETY

3/17. 6-10pm. Hosted by the Irish American Society. Music by Kenny McLeod, corned beef sandwiches, coffee, tea \$25 p.p. cash bar. 516-746-9392. 297 Willis Ave., Mineola.

## ST. PAW-TRICKS DAY PET ADOPTION EVENT

3/17-3/31. Town of Hempstead Animal Shelter. A little luck and you can change a dog or cats' life for the better. Adoption fees are waived through the end of the month. Come meet your new furry friend: 3320 Beltagh Ave., Wantagh. For hours and more call 516-785-5220.

## LAKEVILLE CIVIC ASSN. GENERAL MEETING

3/18, 7pm. Doors open 6:30pm. Special guest speaker, Mary Jo Collins, the Town of North Hempstead Receiver of Taxes. Mary Jo will discuss how to grieve taxes for free without paying a company. 9<sup>th</sup> District Nassau County Legislator, Scott Strauss will be our next speaker at 7:45pm to discuss issues in the District. For those Town of North Hempstead residents, Councilmember Christine Liu will also be having a table from 6:30-7:00 pm to discuss any town issues members may have. At Manhasset Lakeville Fire House, 21-78<sup>th</sup> Ave., New Hyde Park.

## SENIORS MOBILE ACCESS RESOURCES/TECHNOLOGY

3/18, 10am-2pm. TONH & Family & Children's Assn. will be providing technical training, resources, informal counseling & more. Bring your cell phone, tablet or laptop for direct assistance. No appts required. Stop in between 10-2. Clinton G. Martin Park, 1601 Marcus Ave, New Hyde Park

## LIFE & GARDENS OF BEATRIX FARRAND

3/19, 5:30pm. Land Alliance Headquarters at Humes Preserve This is the first documentary produced about the life and gardens of Beatrix Farrand, the most successful female landscape architect in early 20th century America and one of the founders of the American Society of Landscape Architects. This compelling film chronicles the life of Beatrix Farrand (1872-1959), the niece of Edith Wharton, who grew up in the privileged world of the East Coast elite and fought through the challenges of working in a male-dominated profession to design over 200 landscape commissions during her remarkable 50-year career. The event is free, but advance registration is required. 516-922-1029. [www.northshorelandalliance.org](http://www.northshorelandalliance.org)

## NUNO FELTING VESSEL AT THE MANES CENTER

3/20, 10am-1pm. Create a colorful vessel or bowl using the ancient technique of Nuno Felting technique in this hands-on workshop. All materials included. Adults and teens 16+. All levels welcome. \$60. Register online: [www.nassaumuseum.org](http://www.nassaumuseum.org) One Museum Drive, Roslyn.

## FAMILY NIGHT HIKE TANGLEWOOD PRESERVE

3/20, 7:30-8:30pm. Bring a flashlight and come see the creatures of the night at the preserve. \$15.p.p. Center For Science, Teaching & Learning. 1450 Tanglewood Rd., RVC. 516-764-0045. Reserve online: [www.csitl.org](http://www.csitl.org)

## TONH WEDDING & RECOMMITMENT DAY

3/20, 11am-2pm. Inviting town residents to a ceremony, full lunch, champagne toast, dessert, music & dancing while saying or renewing their vows. \$22 p.p. Seating is limited call 516-869-6311. At the Club House at Harbor Links, 1 Fairway Dr., Port Washington.

## SEAL WALKS AT JONES BEACH

3/20, 3/21, 3/22, 2:30-4pm. In winter we welcome back our winter seal population. Learn about these incredible marine mammals and their migration while going for a walk to spot Harbor and Grey Seals feeding in the bay. A guided 1.5 mile round trip walk. \$4 p.p. Jones Beach Energy and Nature Center, 150 Bay Pkwy, Wantagh. RSVP required: [www.jonesbeachenc.org](http://www.jonesbeachenc.org)



## ASTRONOMY NIGHT AT JONES BEACH

3/20, 7:30-9:30pm. All ages. Join us with our guest AOSNY for an evening of night skies. Multiple telescopes available to focus on various celestial bodies. Free. Jones Beach Energy and Nature Center, 150 Bay Pkwy, Wantagh. RSVP required: [www.jonesbeachenc.org](http://www.jonesbeachenc.org)

## WILDERNESS WALK HEMPSTEAD LAKE PARK

3/21, 11am-1pm. Adults 18+. Join at Hempstead Lake State Park for a Women's History Month walk celebrating women on the trails! Learn about the history of women's hiking while practicing simple nature meditation to experience the benefits of being outdoors \$4 p.p. Register in advance by going to Eventbrite.com and search for #NatureAdventure or #Hempstead Lake.Field 1, 880 Lake Drive., West Hempstead.

## HANDS ON PRUNING WORKSHOP -CORNELL

3/21. 10am-12pm. Raindate 3/28. Hosted by Cornell Cooperative of Nassau County. Basic techniques, plus how, why and when of pruning. Supervised by Master Gardeners. Adults only. Tools provided. Bring work gloves, goggles, safety head gear. \$10 p.p. East Meadow Farm, 832 Merrick Ave., East Meadow. Register early: [www.pub.cce.cornell.edu](http://www.pub.cce.cornell.edu)

## BOATER SAFEY COURSES TOWN OF N. HEMPSTEAD

3/21, 4/19 or 5/16 8am-4pm. NYS requires all operators of boats or personal watercraft to complete this free 8 hr. course. Michael J. Tully Park, New Hyde Park. Must register online for 3/21 class: [www.register-ed.com/events/view/239615](http://www.register-ed.com/events/view/239615) 4/19 class: [www.register-ed.com/events/view/239618](http://www.register-ed.com/events/view/239618) for 5/16 class: [www.register-ed.com/events/view/239619](http://www.register-ed.com/events/view/239619)

## CHERISH THE LADIES IRISH AMERICAN SOCIETY

3/21. 7pm. Irish music, song & dance. Authentic 6 lady Irish showband & world champion step dancers. \$35 p.p. tickets on [www.cherishmarch.eventbrite.com](http://www.cherishmarch.eventbrite.com) or call the center: 516-746-9392. 297 Willis Ave., Mineola.



## TRIBUTE: OLIVIA & DOLLY PLAZA THEATRE

3/22 2:30pm. The first and only act on Long Island paying tribute to Dolly Parton and the greatest female country legends — Shania Twain, Reba, Carrie Underwood, Martina McBride, Linda Ronstadt, and more — combined with Olivia Newton-John's beloved 70s country hits and iconic Grease songs. Tickets are \$40-\$45. Purchase online or call 516-599-6870. Elmont Memorial Library Theatre, 700 Hempstead Tpke., Elmont. [www.plazatheatrical.com](http://www.plazatheatrical.com)

## ECOTHERAPY SANDS POINT PRESERVE

3/22: 2pm. Monthly Sessions Celebrate the Spring Equinox with balance, renewal and growth. Ecotherapy, also known as Forest Bathing, or Shinrin-Yoku, is the practice of connecting with Nature; of walking with Nature rather than through it. Certified guide Linda Lombardo leads monthly sessions. Register \$45 members, \$50 non members. Discount for multiple sessions. 12 Middle Neck Rd., Sands Point. Call 516-570-2185 or Pre-register: [www.SandsPointPreserveConservancy.org](http://www.SandsPointPreserveConservancy.org)

## INK & IMPRESSIONS SANDS POINT PRESERVE

3/22: 10am-12pm. Instructor Mike Evans invites participants to step into the role of ancient scribes by crafting their own reed pens and natural ink using plant-based materials, all while exploring how ancient writing evolved from the land itself. This workshop blends history, artistry, and reflection—perfect for those who enjoy tactile creativity with a story. Register \$35 members, \$40 non members. Discount for multiple sessions. 12 Middle Neck Rd., Sands Point. Call 516-570-2185 or Pre-register: [www.SandsPointPreserveConservancy.org](http://www.SandsPointPreserveConservancy.org)

## FOOD & FINANCIAL HELP

The Notre Dame and Holy Spirit conferences of the Society of St. Vincent de Paul help residents of zip code 11040 with financial problems and food insecurity. They help residents with furniture & clothing and with past due rent, utilities, and insurance. If you are having financial problems, call 516-584-4060. All calls confidential. St Vincent de Paul is a charity and does not charge any fees.

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[info@marketplacepublications.com](mailto:info@marketplacepublications.com)

# Picture It!

Guess This Familiar Place in Nassau County

**March 4<sup>th</sup>**

**Answer:**

Gazebo Village  
Green Pk Great Neck

**Winner:**

Kathryn Buettner  
of Carle Place



**WIN!**  
**Bag of Bagels & Cream Cheese**  
from  
**Hand Rolled Bagels of New Hyde Park**

**TAP HERE TO ENTER ONLINE**  
**marketplacepublications.com/contests**

1 winner chosen per week from correct entries. Answers must be received by following Tues at 12 pm.  
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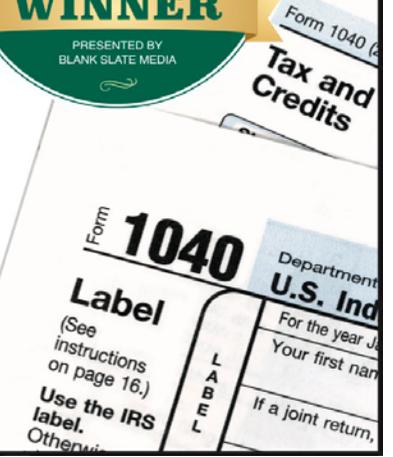
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# EARTH TALK

From the Editors of E/The Environmental Magazine

**Should I be concerned for my health if my property is right near a golf course?**  
- Wilma Forrest, via email

Golf courses make up about 2.3 million acres of land in the U.S., according to the Golf Course Superintendents Association of America. Despite many Americans' affinity for golfing, some are becoming increasingly concerned about living near golf courses. Many are worried that living on or near one can create health issues, and others are anxious about golf courses' environmental impact.

Their concerns are legitimate: The grass on a golf course is not natural. Maintaining the large area of uniform, vibrant green grass requires a significant number of pesticides, herbicides and other chemicals, many that are released into the air and seep into local water supplies. This constant exposure can indeed lead to health issues. Medical experts believe that there is a link to Parkinson's disease, changes in endocrine functioning, and even certain forms of cancer. Dr. Brittany Krzyzanowski, an assistant professor at Barrow Neurological Institute conducted studies about the link between golf courses and Parkinson's disease; findings suggested that "pesticides applied to golf courses may play a role in the incidence of Parkinson's disease for nearby residents," says Krzyzanowski.

enough for a golf course often requires clearing land and subsequently removing an existing ecosystem. Because of this, golf courses lead to local deforestation and destruction of natural habitats. The maintenance of golf courses also pays a heavy environmental price. Aside from chemicals, they also use large amounts of water, some 312,000 gallons a day, according to Audubon International.

Some golf courses are taking steps to lessen their ecological impact. The Audubon Cooperative Sanctuary Program for Golf Courses encourages responsible and sustainable practices on golf courses across America, providing guidance on how to protect the wildlife around the golf course. An organization called Monarchs in the Rough focuses on planting milkweed on golf courses in order to restore the naturally abundant monarch butterfly populations. Additionally, some golf courses have implemented birdhouses that attract insect-eating birds instead of using pesticides.

If you are interested in helping to ensure healthy decisions and responsible environmental practices on golf courses, you can support organizations such as the Audubon Cooperative Sanctuary Program for Golf Courses and Monarchs in the Rough, which work to improve natural habitats and lessen the use of dangerous chemicals, helping to reduce both the impact on human health and the environment.

EarthTalk, c/o E/The Environmental Magazine, P.O. Box 5098, Westport, CT 06881; submit it at: [www.emagazine.com/earthtalk/thisweek/](http://www.emagazine.com/earthtalk/thisweek/), or e-mail: [earthtalk@emagazine.com](mailto:earthtalk@emagazine.com).

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